Principal Benefits for Kaiser Permanente Traditional Plan (11/1/10—10/31/11)

The Services described below are covered only if all the following conditions are satisfied:

- The Services are Medically Necessary
- The Services are provided, prescribed, authorized, or directed by a Plan Physician and you receive the Services from Plan Providers inside our Northern California Region Service Area (your Home Region), except where specifically noted to the contrary in the *Evidence of Coverage (EOC)* for authorized referrals, hospice care, Emergency Care, Post-Stabilization Care, Out-of-Area Urgent Care, and emergency ambulance Services

Annual Out-of-Pocket Maximum for Certain Services	
For Services subject to the maximum, you will not pay any more Cost Sharing during a calendar year if the Copayments and	
Coinsurance you pay for those Services add up to one of the following amounts:	
For self-only enrollment (a Family of one Member)	
For any one Member in a Family of two or more Members	\$1,500 per calendar year
For an entire Family of two or more Members	
Deductible or Lifetime Maximum	None
Professional Services (Plan Provider office visits)	You Pay
Routine preventive care:	\$20 par visit
Physical exams	
Well-child visits (through age 23 months)	
Family planning visits	
Scheduled prenatal care visits and first postpartum visit	
Eye exams for refraction	
Hearing tests	
Flexible sigmoidoscopies	
Primary and specialty care visits	
Urgent care visits	
Physical, occupational, and speech therapy	
Outpatient Services	You Pay
Outpatient surgery and certain other outpatient procedures	
Allergy injection visits	
Allergy testing visits	
Most vaccines (immunizations)	
X-rays and lab tests	No charge
Health education:	
Individual visits	
Group educational programs	
Hospitalization Services	You Pay
Room and board, surgery, anesthesia, X-rays, lab tests, and drugs	
Emergency Health Coverage	You Pay
Emergency Department visits	
Note: This Cost Sharing does not apply if admitted directly to the hospital as an	inpatient (see "Hospitalization Services" for
inpatient Cost Sharing)	
Ambulance Services	You Pay
Ambulance Services	\$50 per trip
Prescription Drug Coverage	You Pay
Most covered outpatient items in accord with our drug formulary guidelines:	, , , , , , , , , , , , , , , , , , ,
Generic items from a Plan Pharmacy	\$10 for up to a 30-day supply, \$20 for a 31- to
,	60-day supply, or \$30 for a 61- to 100-day
	supply
Generic refills from our mail-order service	\$10 for up to a 30-day supply or \$20 for a 31-
	to 100-day supply
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continued	
Prescription Drug Coverage	You Pay
Brand-name items from a Plan Pharmacy	\$20 for up to a 30-day supply, \$40 for a 31- to 60-day supply, or \$60 for a 61- to 100-day supply
Brand-name refills from our mail-order service	\$20 for up to a 30-day supply or \$40 for a 31- to 100-day supply
Durable Medical Equipment	You Pay
Most covered durable medical equipment for home use in accord with our	
durable medical equipment formulary guidelines	20% Coinsurance
Mental Health Services	You Pay
Inpatient psychiatric hospitalization and intensive psychiatric treatment	
programs	
Outpatient individual and group visits	
	\$10 per group visit
Chemical Dependency Services	You Pay
Inpatient detoxification	\$250 per admission
Outpatient individual visits	
Outpatient group visits	
Home Health Services	You Pay
Home health care (up to 100 visits per calendar year)	3
Other	You Pay
Skilled nursing facility care (up to 100 days per benefit period)	No charge
All covered Services related to infertility treatment	50% Coinsurance
Hospice care	No charge
Chiropractic Services (30 visits per calendar year) Kaiser Permanente contracts with American Specialty Health Plans of California, Inc. (ASH Plans) for chiropractic services. You can obtain services from any participating ASH Plan Chiropractor without a referral from your Kaiser Plan Physician. Your ASH Chiropractor coordinates authorization of all services and claims with ASH Plans directly; you simply pay your copayment at each visit. You can obtain a listing of Participating Chiropractors by calling the ASH Plans Member Services Department at 1-800-678-9133. You may	You Pay
also find a Participating Chiropractor by logging onto the ASH Plans Web site at www.ashcompanies.com	\$15 per visit

This is a summary of the most frequently asked-about benefits. This chart does not explain benefits, Cost Sharing, out-of-pocket maximums, exclusions, or limitations, nor does it list all benefits and Cost Sharing. For a complete explanation, please refer to the *EOC*. Please note that we provide all benefits required by law (for example, diabetes testing supplies).